

## Regulation

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### SUPPORT FOR BREASTFEEDING MOTHERS

The following procedures shall be implemented in each school when an employee requests accommodations to support their choice to breastfeed.

#### School Responsibilities

Breastfeeding employees who choose to continue providing their milk for their infants after returning to work shall receive:

A. Milk expression breaks for breastfeeding

The employees shall be allowed to breastfeed or express milk during work hours using their normal breaks and meal times. For time that may be needed beyond the usual break times, employees may use personal leave or may make up the time as negotiated with their supervisors.

B. A place to express milk

A private room (not a toilet stall or restroom) shall be made available for the employee(s) to breastfeed or express milk. The room will be private and sanitary, located near a sink with running water for washing hands and rinsing out breast pump parts, and have an electrical outlet. If employees prefer, they may also breastfeed or express milk in their own private offices, or in other comfortable locations agreed upon in consultation with the Lead Person. Expressed milk can be stored in general refrigerators/in designated refrigerators provided in the lactation room or other location/in employee's personal cooler.

C. Staff Support

The Lead Person shall notify pregnant and breastfeeding employees about the district's worksite lactation support policies and procedures. The Lead Person shall be responsible for negotiating policies and practices that will help facilitate each employee's infant feeding goals. It is expected that all employees will assist in providing a positive atmosphere of support for breastfeeding employees.

D. Signage

The Lead Person shall ensure that the New Jersey Department of Education signage shall be displayed a clear and conspicuous manner in the school's waiting area, as well as in any lactation room that is made available. The New Jersey Department of Education signage shall contain information about breastfeeding; affirm a mother's right to nurse in public; and indicate that lactation rooms are being made available for the privacy and comfort of nursing mothers.

The Lead Person shall ensure board policy and regulations on provisions for milk expression breaks, for breastfeeding and the designated lactation room(s) are distributed to staff and students who are pregnant and nursing mothers returning from maternity leave.

#### Employee Responsibilities

A. Communication with Supervisors

Any employee who wishes to express milk during the work period shall keep the Lead Person and/or their immediate supervisor informed of their needs so that appropriate accommodations can be made to satisfy

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the needs of both the employee and the school.

B. Breastfeeding Equipment

The employee is responsible for the purchase, maintenance and storage of breastfeeding equipment. The district is not responsible for any lost, broken or stolen private property.

C. Maintenance of Milk Expression Areas

Breastfeeding employees are responsible for keeping designated milk expression area clean and using antibacterial wipes to sanitize small areas. Employees shall be required to report any large spills to the maintenance department. Employees are also responsible for keeping the general designated lactation room clean for the next user. This responsibility extends to both designated milk expression areas, as well as other areas where expressing milk will occur.

D. Milk Storage

Employees should label all milk expressed with their name and date collected so it is not inadvertently confused with another employee's milk. Each employee is responsible for proper storage of her milk using the school refrigerator/personal storage coolers.

E. Use of Break Times to Express Milk

When more than one breastfeeding employee needs to use the designated lactation room, employees can use the sign-in log provided in the room to negotiate milk expression times that are most convenient or best meet their needs.

Adopted: